

MARCH 2022, Issue 01

ALUMNI NEWSLETTER



HEY ALUMNI (HEY WHAT)

Welcome to the first issue of our new alumni newsletter! Since its creation in 1987, the Lindsey Meyer Teen Institute (formerly TIGS) has been a part of the lives of well over 20,000 people. Whether you were from the TIGS days and participated in Sunrise Sharing while rocking out to Karl Anthony or are currently hamster dancing under the pavilion, staying in contact with the TI family is important! We have over 35 years of alumni and connections and YOU are a part of that history.

Each quarter we'll highlight new activities, accomplishments, and share the TI magic that we all know and love. It's our hope that alumni and our extended ohana have the opportunity to reconnect, rediscover, and reignite thier TI fire through our alumni network.

GRANT ANNOUNCEMENT

We are proud to announce that we've been awarded the Mental Health Awareness Training grant funded by the Substance Abuse and Mental Health Services Administration. We are currently offering Youth Mental Health First Aid trainings to individuals and agencies in Hudson County who work with youth with additional training opportunities to come! If you live or work in Hudson County and are interested in us bringing a training to you, please reach out to Kira at kchontow@pipnj.org!



LMTI is a program of Partners in Prevention. Learn more at www.njlmli.org or reach us at 201-552-2264

PARTNERS IN PREVENTION 5K

LMTI's parent organization, Partners in Prevention, is hosting their first ever Spring Sprint 5K as a fundraiser to help support our mission of improving wellness and preventing substance use disorders and related health challenges across Hudson County and all of New Jersey.

Race Day

April 23, 2022

8:30 AM

Secaucus High School,
11 Millridge Road,
Secaucus, NJ 07094



Virtual Race

April 16-23, 2022

On your own!

At whatever location or
time works best for you.

REGISTER AT WWW.PIPNJ.ORG/SPRINGSPRINT

TOBACCO & VAPING

LMTI has partnered with Tobacco-Free for a Healthy New Jersey and the New Jersey Prevention Network to address tobacco and vaping challenges across the state. Check out www.tobaccofreenj.com for tons of information and resources about policy, cessation, upcoming trainings and more. For more info on how to get involved in tobacco prevention or access more info, email Corey at cdonetz@pipnj.org.

BERGEN YOUTH TASK FORCE

We are working closely with Bergen County youth to see their POV on alcohol, tobacco, and other drugs in their communities. Through environmental scanning, youth are creating a visual representation of risk and protective factors in their communities. If you work with youth in Bergen County who would like to be involved, please reach out to Madie at mjones@pipnj.org. Keep an eye out for the finished product!





ALUMNI INFO FORM

As we work to reconnect and rebuild this **lovable and capable** network of individuals, we ask that you take a minute to complete this brief (we promise only a few questions) form. We want to be able to keep y'all in the loop, but we also want to know what you hope to get from your relationship with LMTI .



And as a thank you for filling out the form at the bottom of the page, we'll send you some ti magic in the mail.

njlmti.org/alumni

SOCIAL MEDIA

Join the conversation and connect with LMTI and other alumni on our social media pages. Tell us your stories, share your ideas, send us your pictures, and let us know how the TI fire has impacted your life!



ALUMNI GROUP

And to keep the TI fire burning even brighter, be sure to join our Alumni Group on Facebook. It's like a cabin hangout, s'mores at the campfire, and sunrise share all rolled into one.



facebook.com/groups/129510640450004

